

AB/sen/ mas	5000 m	kogel	ver tribune	sprint	spee	hoog	1000 m	pup A	pup B/C	VB-groep
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9:00	juryvergadering regulier									9:00
9:05										9:05
9:10										9:10
9:15										9:15
9:20	kogelslingeren					hoog diverse cat.				9:20
9:25										9:25
9:30										9:30
9:35										9:35
9:40								juryvergadering pupillen		9:40
9:45										9:45
9:50										9:50
9:55										9:55
10:00	5000 m							team 1 en 3 pupillen A	team 5,6,7,9 pupillen BCE mini	10:00
10:05										10:05
10:10			overige cat.	horden A-pup				horden	vortex	10:10
10:15										10:15
10:20					JD en JC speer 400 gr 600 gr					10:20
10:25										10:25
10:30										10:30
10:35								vortex	hurkhoog	10:35
10:40				MD en MC sprint						10:40
10:45										10:45
10:50										10:50
10:55										10:55
11:00								kogel / hoog	pauze	11:00
11:05										11:05
11:10										11:10
11:15			MD en MC ver							11:15
11:20		JD en JC kogel 3 kg 4 kg			overige cat. speer 500 gr 600 gr 700 gr 800 gr			pauze	horden	11:20
11:25										11:25
11:30										11:30
11:35										11:35
11:40										11:40
11:45										11:45
11:50					sprint Bcmini-pup E-pup			ver	sprint	11:50
11:55										11:55
12:00										12:00
12:05										12:05
12:10										12:10
12:15								hoog / kogel	slingeren	12:15
12:20		MD en MC kogel 2 kg 3 kg			overige cat.					12:20
12:25										12:25
12:30										12:30
12:35										12:35
12:40										12:40
12:45									meters maken	12:45
12:50			JD en JC ver							12:50
12:55										12:55
13:00				60 m VB				meters maken		13:00
13:05									60 m	13:05
13:10										13:10
13:15		overige cat. kogel 3 kg 4 kg 5 kg 6 kg 7,25 kg			MD en MC speer 400 gr 500 gr					13:15
13:20										13:20
13:25									prijsuitreiking	13:25
13:30									prijsuitreiking	13:30
13:35										13:35
13:40										13:40
13:45								prijsuitreiking		13:45
13:50										13:50
13:55							JD en JC			13:55
14:00										14:00
14:05										14:05
14:10							overige cat. recreanten			14:10
14:15							MD en MC			14:15
14:20										14:20
14:25										14:25
14:30										14:30
14:35							prijsuitreiking jun / sen /mas			14:35
14:40										14:40
14:45										14:45
14:50										14:50
14:55										14:55
15:00										15:00

#### JD en JC + hoog

Nicole Roosen  
Annetta Kelso  
Mieke Trum  
Sebastiaan van den Heuvel

#### MD en MC + 5000 r

Yvette vd Putten  
Marion van Kraaij  
Mark Venner

#### overige cat. + kogelsl.

Kees Schetters (alleen slingeren)  
Martijn Arnoldussen  
Henri van Limpt  
Giel vd Loo